

ACQUISITION CRITERION EXAMPLES

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Examples of FREQUENCY, VOLUME, DISTANCE, and DURATION for the acquisition of functional participation-based outcomes. In participation-based outcomes/goals, these criteria would also have generalization and maintenance criteria.

Some guidance:

- Most communication/language goals are measured by **frequency**.
- **Volume** (i.e., amount) is often used for eating and drinking goals
- **Distance** is usually used for mobility goals.
- **Duration** is usually used for engagement goals.

When you have a reduction behavior goal, you don't necessarily need a replacement behavior: The behavior is participating.

Functional Skill	Frequency	Volume	Distance	Duration
Child will stay in circle	X	X	X	5 minutes
Eating with spoon	10 spoonfuls	Eating half cup	X	X
Going to sleep		X	X	Within 10 minutes
Staying sleep	X	X	x	Sleep through the night (8 hours) [Not participation based because sleeping is not participating; it is planned nonparticipation.]
Indicating need to go potty	5 times in 4 days	X	X	X

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Going without toileting accidents	3 times while still dry, followed by successful elimination, in 1 day	X	X	X
Sitting on potty	3 times a day	X	X	5 minutes or until child eliminates
Participates in routines without hitting	Participate in morning meeting time at school, one free play at school, outside at school, one play time at home, and bedtime, without hitting. (Acquisition criterion is the number of routines in which the child participates without hitting.	X	X	X
Eating a variety of foods	3 meals with 3 different foods or 10 different foods in 5 days or one vegetable, one protein, and one carb at lunch and at dinner	X	X	X
Sufficient amount of food	Eat 2 snacks, or 3 meals, or 5 bites	½ cup or 6 ounces	X	X
Participate in conversation	Number of times interacts/turns	X	X	5 minutes
How many words she uses or knows	Communicates yes/no 3 times a day in routines mentioned	X	X	X

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How well he is understood by people	Uses 10 words that others clearly understand	X	X	X
How well she is understood by people	3 different people understand words (appropriate criterion for routines having 3 or more people)			
How well he is understood by people	Uses X number of sentences that people understand			
How far you can walk/crawl	X	X	10 steps during (routines)	X
Hand washing	All 5 steps in handwashing	X	X	Completes the routine (all 5 steps) within 5 minutes
Transition (from a fun activity)	3 out of 5 times	X	X	Within 1 minute after the direction
Play with other kids (play dates)				10 minutes
Participating in hair washing	For 5 days/bath times			Doesn't fuss during the whole bath time
Play with others cooperatively				5 minutes
Use words instead of tantrums	Zero tantrums (at 2 hanging out times)			

Family level Goals

Informal goal	Criterion for accomplishment
Going to church	By (date)
Going to grocery	By (date)
Going to Wednesday morning work out class	By (date)
Time for self	2 hours a day for 3 weeks

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