

Example Hoosiers Rules Questions

When talking to a caregiver about a child's functioning (i.e., using Routines-Based Family Consultation), we ask many questions—at least four—before proffering a suggestion. The purposes are (a) to provide opportunities for the caregiver to provide information or context for the need they and the professional are discussing, (b) to help the caregiver feel part of the solution finding, and (c) to ensure the strategy the caregiver and professional land on is relevant. The following are examples of questions we might ask. We don't have to ask them all. Nor do we have to ask them in this order. They are just examples.

- What does he do right now?
- Is he interested in doing this?
- Can he learn this in the next 6 months?
- What would you like him to be doing?
- Have you tried anything, to teach him, yet?
- If you have tried to teach him, how did he respond?
- Why do you think he can't do this?
- Can he do this anywhere else (e.g., in child care) or with other people? Why do you think he can do it then?
- At what time of the day is this important?
- If he could do this, would it improve his ability to participate meaningfully at this time of the day?

Have you ever tried ____? (the suggestion) If yes, how well did it work?

**Goodness of fit
and context**

- Can he learn this in the next 6 months?
- Is he interested in doing this?
- Have you tried anything, to teach him, yet?

What

- What does he do right now (related to the goal)?
- What would you like him to be doing?
- What do you do when this (behavior or skill) happens?
- What else is everyone else doing at this time?
- What kinds of materials (furniture, toys, etc.) are present?
- What kinds of materials (furniture, toys, rewards, etc.) have you tried?

How

- If you have tried to teach him, how did he respond?
- How would it improve his ability to participate meaningfully at this time of the day?

Where

- Can he do this anywhere else (e.g., in child care) or with other people? Why do you think he can do it then?
- Where does this (skill, behavior, problem, etc.) occur?

When

- At what time of the day is this important?
- When does this occur?

Who

- Who is present when he needs to do this?
- With whom can he do this?
- Who has tried to teach him this?

Why

- Why do you think he can't do this?
- Why do you want him to do this?

Have you ever tried _____? (the suggestion)