

- I. **Beginning**
  - a. Who lives in the home with you and the child?
  - b. Complete the ecomap
  - c. What are your main concerns for your child or family?
- II. **Home Routines**
  - a. How does your day begin?
  - b. Start marking concerns with stars

**In each routine...**

  1. What is everyone else doing?
  2. What does the child do?
    - i. Engagement (how well does the child participate in the activity or stay involved?)
    - ii. Independence (how much the child does for him- or herself)
    - iii. Social Relationships (communication, getting along with others)
  3. Rating 1-5: How happy you are with this time of day (terrible to great)
  4. Transition to next routine: What happens next?
- III. **Classroom Routines**

**In each routine...**

  1. What is everyone else doing?
  2. What does the child do?
  3. Engagement (How well does the child participate in the activity? Stay involved?)
  4. Independence
  5. Social Relationships (communication, getting along with others)
  6. Rating 1-5: How well does this activity work for the child?
- IV. **The Time, Worry, and Change Questions**
  - a. Do you have enough time for yourself or for yourself and another person?
  - b. When you lie awake at night worrying, what do you worry about?
  - c. If you could change anything about your life, what would it be?
- V. **Recap:** Review starred items (concerns). *This is just a reminder; it is not the list of outcomes/goals*
- VI. **Outcome/Goal Selection**
  - a. New sheet of paper: *What would you like to work on—to have us help you with?* Give the family time to think.
  - b. If necessary, to get to minimum 10 outcomes/goals, hand notes to family
  - c. If necessary, look at notes together and ask about starred items
  - d. Once 10-12 outcomes/goals are listed, ask for the priority order in terms of importance



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