

# Session 4

Alabama Routines-Based Home Visit Bootcamp

Dr. Robin McWilliam

# Review Homework

- Use the NSF on two consecutive visits with the same family, if possible, before we get together.
- If not, complete the NSF at the end of visits with at least 3 families

# Video and Discussion

- [Routines-Based Intervention](#) (VA Early Intervention Professional Development Center)
  - Go to Routines-Based Approach Part 1

A rack of test tubes containing various colored liquids. The liquids range from clear to yellow, orange, red, green, and blue. The tubes are arranged in a grid pattern, and the colors transition from left to right and front to back.

See NSF's "Samples" ([Examples](#))

# Setting the Agenda

- 2 Questions (family answers)
- Plan for this visit (set by family)
- Review right-hand panel (family decided)
- Plan for next visit (matrix)

# We must work on functional goals



# 7-Point Test of Functionality (Review)

1. Is the skill needed for successful participation in a normal routine?
2. If not needed, will it help?
3. Can it be taught in a manner that respects the child's interests and abilities?
4. Can it be taught in a manner that respects the family's day-to-day life?
5. Can it be taught by the child's natural caregivers?
6. Do the caregivers care about this skill?
7. Is the skill developmentally appropriate?

*Take a screen shot of this slide!*

# Poll: Outcomes

1. What's the average number of outcomes you're seeing on IFSPs?
  1. 3-5
  2. 6-8
  3. > 8
2. How functional are the child outcomes, usually?
  1. Can't tell why the child would need to do this
  2. I guess the skill might be useful
  3. It's clear the skill would help the child participate in his or her routine



# Breakout

- Come up with 3 outcomes related to different areas of functioning
  - They can't all be language
- Analyze each with the 7-Point Test of Functionality
- Choose a reporter
- Report back after 15 minutes

# Homework

- Ensure you have matrices for all your families
- Use NSF's for the three families
- Come ready to *share your screen* to show a matrix or an NSF... and to be called on!