

# Routines-Based Home Visits for Alabama

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# Ground Rules

1. Keep your camera on
2. Stay muted until you contribute
3. Please contribute via voice and video (or chat)
4. Wait a second while someone is talking
5. Take notes during discussion
6. Take notes during presentation
7. Take notes at all times!

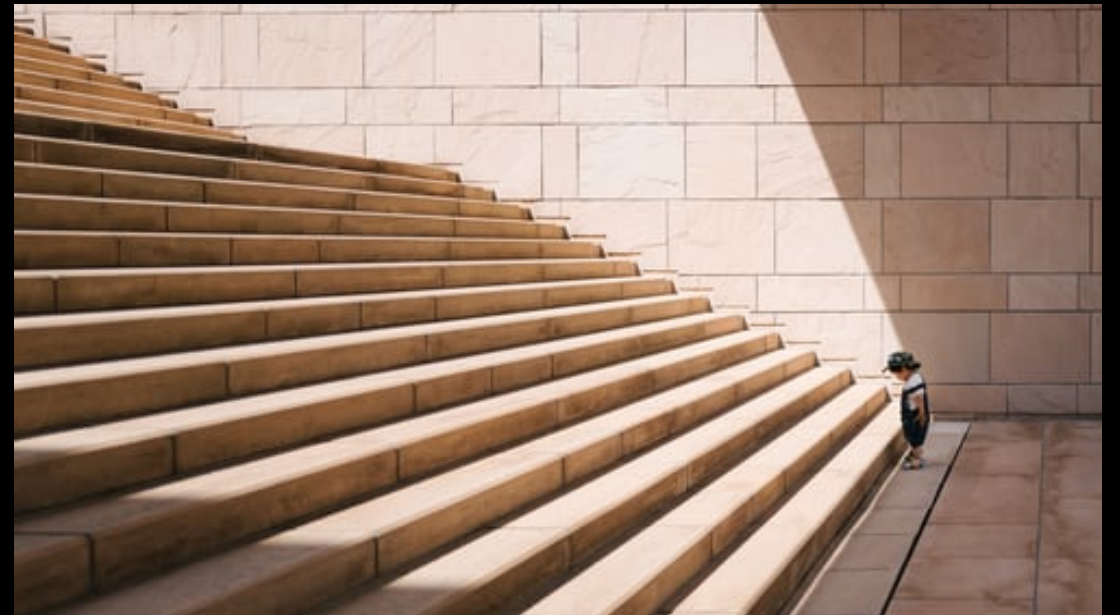
# Questions

- You were told about these workshops
- What are you expecting from them?
- Need to change anything about your visits?
- Some of your current practices will be questioned!



# Breakout Room: Challenges Faced

- What are your biggest challenges in home visits?
- Choose a scribe/reporter
- List 3-5 challenges



# Entry Poll

- How long have you worked in early intervention?
  - 0-2 years
  - 3-5 years
  - 5-10 years
  - > 10 years



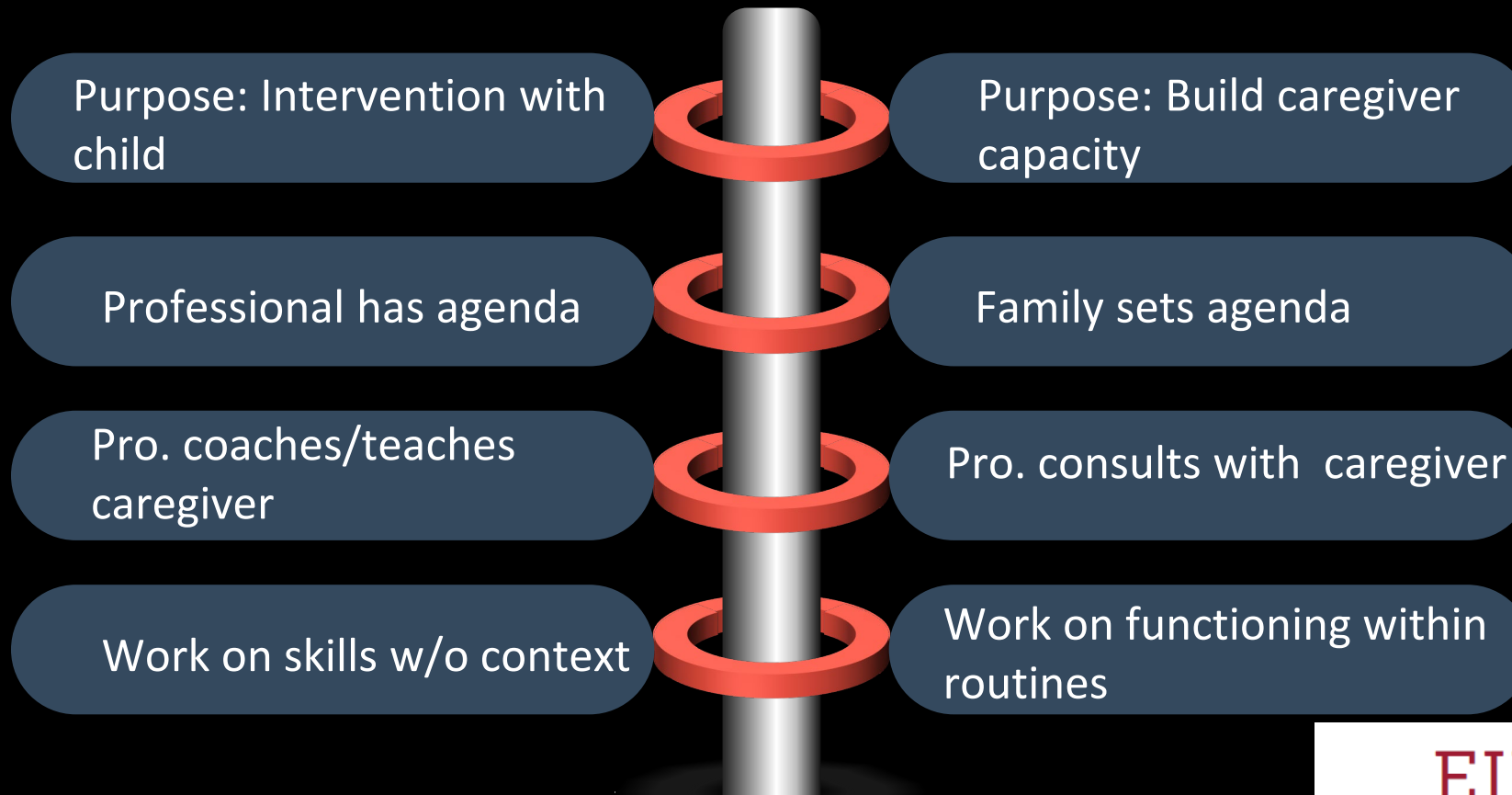
# Presentation

- What is a RBHV?
- PSP & CSP.
- You will hear about things that sound impossible.
- Keep an open mind and push for change.

# What Is a Routines-Based Home Visit?

Sets up the child to receive **much more intervention** than a traditional hands-on visit.

# Traditional vs. Routines-Based Home Visits

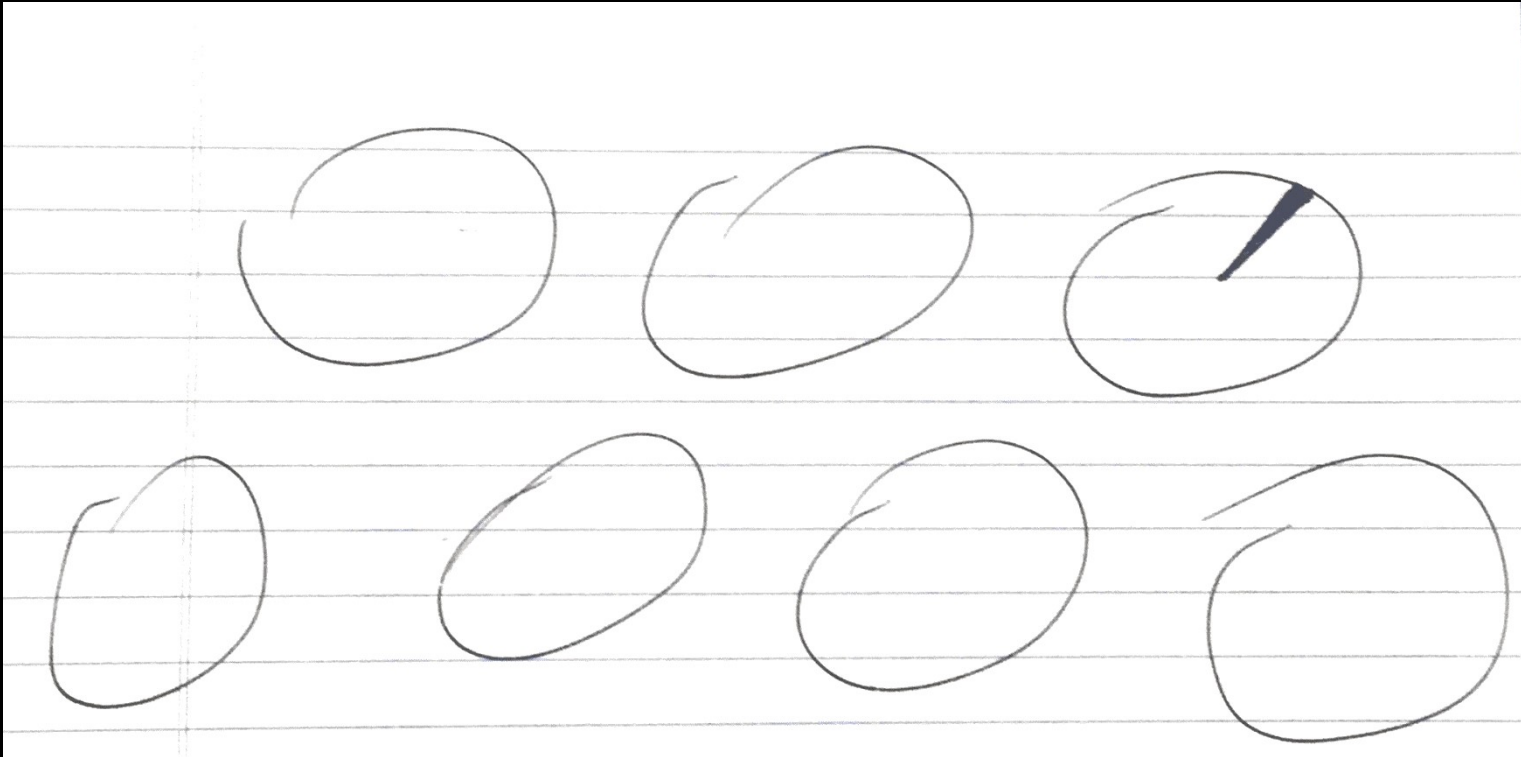


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# A simple concept: Learning opportunities



# 2-Bucket Principle

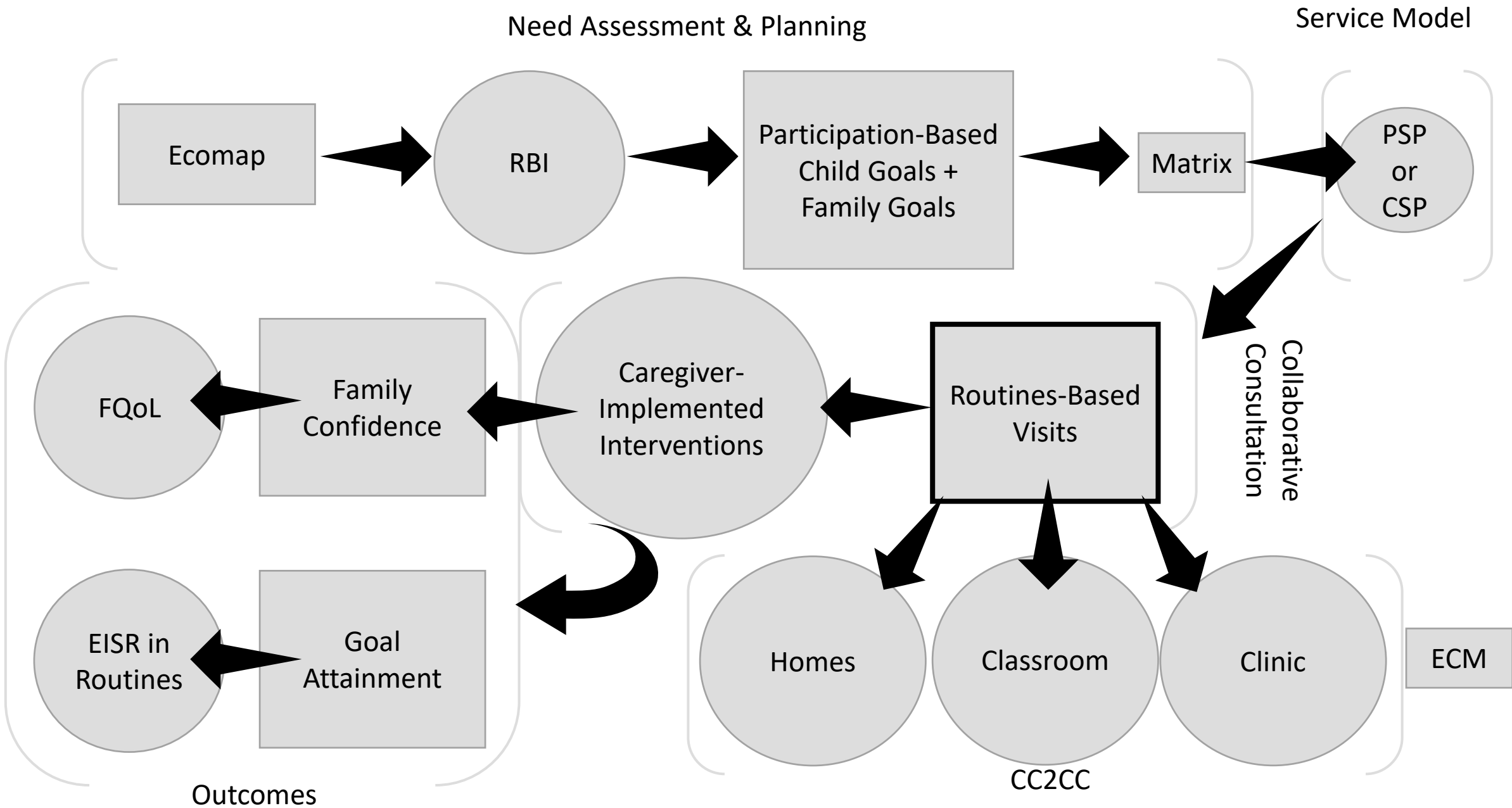


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<b>Principles of the Routines-Based Model</b>	<b>Tele-Intervention Application</b>
<b>All the intervention occurs between visits</b>	“Visits” build the family’s capacity to meet child and family needs
<b>Family sets the agenda</b>	The Next-Steps Form is virtually completed and reviewed during visits
<b>Parents are competent adults</b>	We collaborate to determine interventions parents will carry out
<b>Family consultation is how we work with families</b>	We ask many questions to help families arrive at solutions they want to implement
<b>The two-bucket principle</b>	The visit includes discussion of family outcomes/goals and other family needs
<b>We provide support-based visits (McWilliam &amp; Scott, 2001)</b>	We provide emotional, material, and informational support

How do we put these principles  
into practice?

The Routines-Based Model



# Family Sets the Agenda

- How?
- Addressing what?
- What do families know?



# Starting the Visit

- Family's concern
- Refer to NSF
- What if family wants to chit-chat about something not on the IFSP?

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### NEXT-STEPS FORM

Family Name: \_\_\_\_\_ Date: \_\_\_\_\_

What We Did Today	What We Will Do From Now Until the Next Visit
<p>Talked about and practiced Javier's backing up to chair and lowering himself, while holding on to arm rests.</p> <p>While practicing this, also practice Javier's saying <i>silla</i>, <i>siente</i>, and <i>cena</i>.</p> <p>Discussed websites where Julia can find information on children's dentists.</p> <p>Talked through ideas for Javier to get more movement in his day-something Julia wants.</p>	<p>Giving Javier opportunities to practice seating himself</p> <p>Julia will think of other meaningful words starting with the s sound that would help people understand Javier.</p> <p>Julia will keep track of how much time Javier is walking, running, or climbing each day.</p> <p>Robin (service provider) will bring directions for 4-step Eating Procedure</p>

Plan for Next Visit
<p>Talk about Javier's food refusal and options for nutritionist/dietician consult</p>

Home Visitor's Name: _____ Phone Number: _____
Date and Time of Next Visit: _____

R. A. McWilliam (2014)  
Next Steps

# Homework

- Complete RBM CoSeE in Google Forms
- You will receive an invitation
- Due in 1 week

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**ROUTINES-BASED MODEL COMPETENCY SELF-EVALUATION (RBM CoSeE)**  
R. A. McWilliam (2020)

Rate how well you know how to do each competency (i.e., practice) in the Routines-Based Model. Developing fidelity to the model is a process, so don't worry if your level of knowledge is 1 (don't know how to do this) or 2 (have a vague idea...). If you don't know, it's because you haven't been trained yet. We use the RBM CoSeE (pronounced "cozy") to track whom we've trained on what.

Please insert your name and the date you complete this form. Until we create a fillable PDF or a Qualtrics version, please open Fill & Sign in Adobe Acrobat, using the sign icon (the pen nib) or Fill & Sign in the right-hand panel. In the Fill & Sign bar that will then appear at the top of the document, click on the circle to circle your rating for each item. Save your completed form and send it as an attachment.

Routines-Based Model Competencies	I don't know how to do this	I have a vague idea about how to do this	I know how to do this	I am experienced at doing this to fidelity
<b>1 ECOMAP</b>				
1.1 Determine with families their informal, formal, and intermediate supports	1	2	3	4
1.2 Ask appropriate questions to produce an ecomap	1	2	3	4
1.3 Correctly draw an ecomap	1	2	3	4
<b>2 RBI</b>				
2.1 Follow the structure of the RBI	1	2	3	4