

ZONE DEFENSE SCHEDULE

| | Zone | | |
|----------------------|--------------------------|---------------------|--------------------------|
| Beginning of Routine | A | B | C |
| 7:00: | Arrival | Free Play | Set Up |
| 8:00 | Set Up | Breakfast/Free Play | Breakfast |
| 8:30 | Free Play/Centers | Set Up | Bathroom |
| 9:00 | Outside | Outside | Set Up |
| 9:45 | Set Up | Music | Music |
| 10:30 | Free Play | Set Up | Free Play |
| 11:00 | Art | Art | Set Up |
| 11:45 | Set Up | Lunch | Lunch |
| 12:15 | Nap | Set Up | Teacher's Lunch |
| 12:45 | Teacher's Lunch | Nap | Set Up |
| 1:15 | Set Up | Teacher's Lunch | Free Play |
| 2:00 | Story/Books | Set Up | Story/Free Play |
| 2:15 | Snack/Free Play | Snack | Set Up |
| 2:45 | Set Up | Bathroom | Free Play/Centers |
| 3:30 | Outside | Set Up | Outside |
| 4:15 | Music | Music | Set Up |
| 5:00 | Departure | "Set Up" | Free Play |